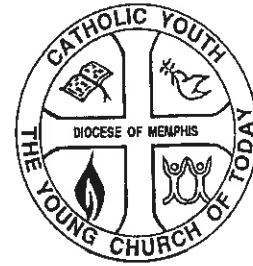


The following is the **Diocese of Memphis, Office of Youth/Young Adult Ministries** policy for dress in all national, regional, diocesan and parish activities and events involving our young people.



Appropriate dress will be strictly monitored. Anything immodest, or degrading, or that espouses drug/alcohol or violent themes is not appropriate. We reserve the right to judge appropriateness.

The following guidelines should be helpful to you when you are explaining appropriate dress to your young people:

- ▶ Appropriate language &/or graphics on clothing.
 - ▶ Skirts should be no shorter than fingertip length.
 - ▶ No fishnet or see through clothing.
 - ▶ No skin tight clothing.
 - ▶ Shirts and sweaters must be long enough to cover the midriff area **AT ALL TIMES.**
- Suggestion: Stand in front of a mirror at home and raise your arms over your head. If ANY skin shows, change.
- ▶ No backless, strapless or spaghetti strap dresses or tops.
 - ▶ Appropriate undergarments must be worn at all times and must not be visible.
 - ▶ No short shorts.
 - ▶

The above are guidelines only and are not all inclusive. These guidelines apply to males and females alike. If they have to ask, the answer is **NO!**